

CONTACT INFO

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www.stjosephsparish.com

Fr. Hank

FatherHank@sjmillstone.com

34 Yorktown Road
Hillsborough, NJ 08844-5139

MASS & CONFESSION SCHEDULE

Daily Mass:

Monday-Friday 8:35 AM

(Wednesday is an Enhanced-precautions mass-6' spacing and masks are encouraged.)

Outdoor Communion Service:

Wednesday 10:00 AM

(This service is held outdoors. Attendees remain in their car and tune into FM 88.7.)

Weekend Masses:

Saturday 4:45 PM

Sunday 8:00 AM

(Enhanced-precautions mass-6' spacing and masks are encouraged.)

9:30 AM

11:30 AM

(This mass is outside under the tent/attendees may remain in their vehicle as well.)

Confessions:

Until further notice, Confessions are by Appointment only. Typically, Saturday morning between 10am - 12pm. Other times are possible. Email Fr. Hank at fatherhank@sjmillstone.com for an appointment.

Sacrament of the Sick

In Emergency- Please call 908-874-3141 and press 1 for a priest.

Non-Emergency-Please email FatherHank@sjmillstone.com

EMERGENCIES

Crisis Pregnancy Hotline—732-516-0911

Suicide Prevention

NJ Lifeline—1-800-273TALK

Teen Crisis Text Hotline—Text 741741

Emergency Meals

emergencymeals@stjosephsparish.com

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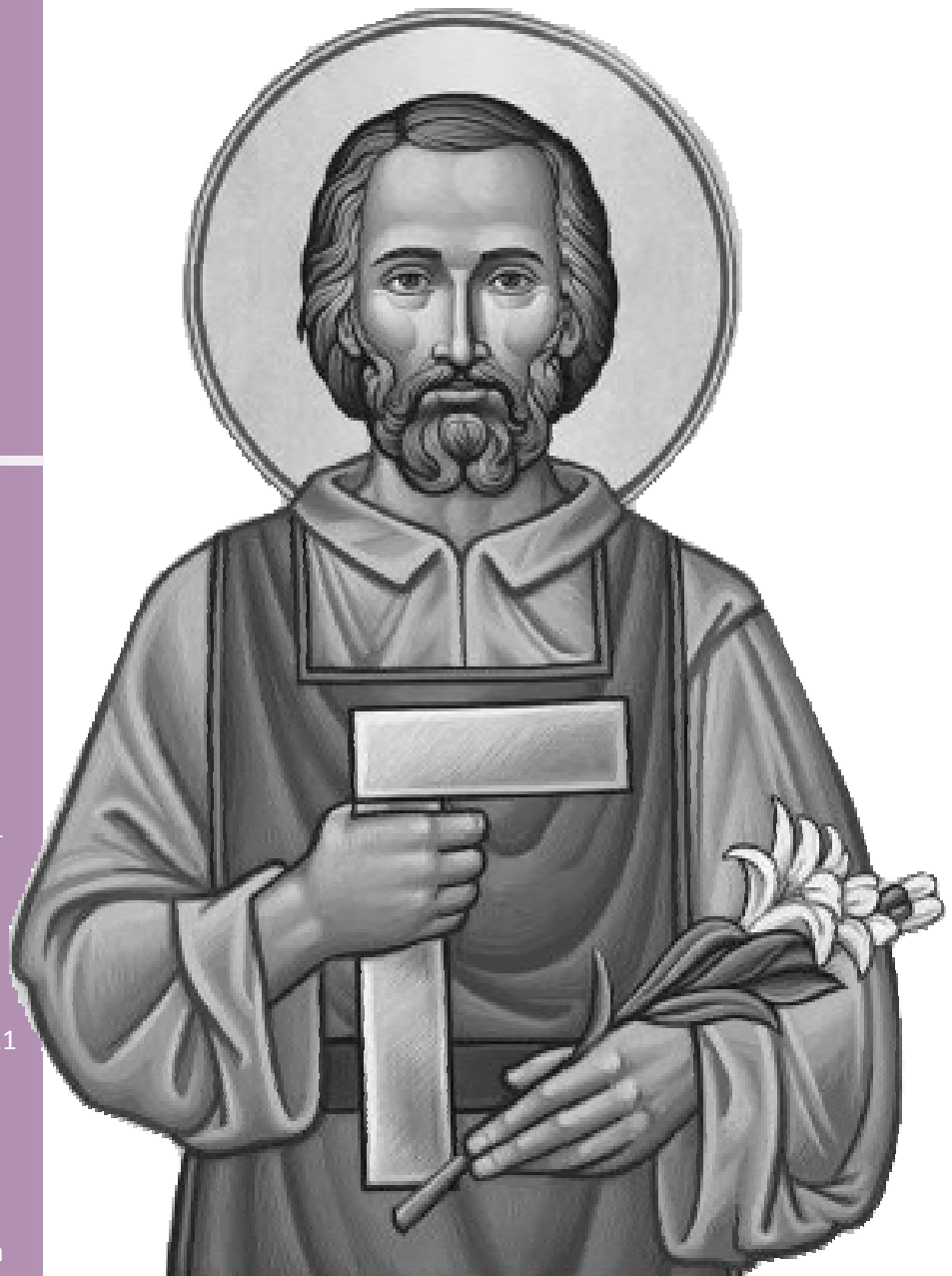
Saint Joseph

HILLSBOROUGH, NEW JERSEY

Priests

Prophets

Kings



March 6, 2022

Correction for Sunday, March 6

Sun 8:00AM People of the Parish
9:30AM Claire Stephenson
R/B Garr Stephenson
9:30AM Stanley Charles & Nataley Hermanowski
R/B Hedy Bottita
9:30AM Elia Powers
R/B M/M Valenzano
11:30AM Mike DeLucia
R/B Nina DeLucia
6:00PM Irma Isabel Alvarado-Umana
R/B MaryAnn Baranowski & Bobby Jr.

MASS INTENTIONS FOR THE WEEK

Mon. 8:35 AM Marcel & Vesta Malebranche
R/B Urna Francois & Family
Tue. 8:35 AM Doris Errico
R/B Tina & Tom Lohmann
8:35AM Dorothy Lawless
R/B Eileen & Tim Lawless
8:35AM Mary Margaret Greene
R/B Sarah & Tom Greene
Wed.. 8:35AM Clement & Sherry Valko
R/B Stephanie Nolan
Thu. 8:35AM Robert & Elsy Stuebben
R/B Angela Stuebben
Fri. 8:35AM Eileen Cinquemane
R/B Eileen & Charles Trapp
8:35AM Lena Federico
R/B Barbara & Terry Golda
Sat. 4:45PM Frank Guidotti
R/B Carol & Anthony Guidotti
Sun. 8:00PM Debbie Rennie
R/B Valone Family
Sun. 9:30:00AM Hian Goei
R/B Evie Goei
9:30AM Florence Markey
R/B Laura larkowski
9:30AM Rosemary Giampietro
R/B Jeanne & Ted Givand
11:30AM Barbella & Leonardo Deceased
Family Members
R/B Natalie & Phil Zuccarello
6:00 PM People of the Parish

READINGS FOR NEXT WEEK

Genesis 15:5-12, 17-18
Philippians 3:17-41 Luke 9:28b-36

Behind the Scenes of This Week's Readings Today's Gospel- Luke 4:1-13

In Scripture when a period of time is preceded by the number 40, it is a literary device that signifies a life-changing event. Jesus goes into the desert for 40 days, the Israelites wander the desert for 40 years, Noah weathers a flood for 40 days, etc. It is not the number of days that the writer is stressing but rather the significance of that event. - D. Gearon

The Stations are a devotion intended to help us follow Jesus on his way to Calvary. By accompanying him on the Way of the Cross, we see ourselves mirrored in him, gain his courageous patience, & learn to trust God who is with us no matter what we have to go through. Please join us in this ancient prayer of the Church



STATIONS OF THE CROSS Fridays in Lent in Church

9:15 AM following 8:35 AM Mass
Traditional Stations

and 7:00 PM
Scriptural Stations

The Stations on our church walls are the scriptural stations, rather than the traditional Stations. Pope John Paul II was a big proponent of this practice.



LITTLE BLACK LENTEN BOOKS

:Back by popular demand and as good as ever!

The Little Black Books will be in baskets in the Gathering Space this weekend.

- **PLEASE** take one per household for now – even if that means you must share!
- **ALSO** – if you take Communion to a homebound parishioner, please take one for that person as well. With any luck, we will be able to reconsider the quotas next week.

March 6, 2022



Dear All – Christ's peace!

We join the church universal and all people of goodwill in praying for a just peace in Ukraine. And how about if we, as a parish, make it our special prayer to pray for mercy in the heart of every combatant?

This Week in Prayer

Your Lenten Observances – So, What have you concluded about what God is asking you to give up and what God is asking you to take up for Lent? Have you discussed it with anyone?

Daily Mass Seating in Lent – During Lent, we typically get a wonderful uptick in the number of daily communicants. For now, please observe the precautions guide in each section. Some sections allow seating in any pew. Others are every other pew. The signs indicate the gig. It will be great to see even more of you!

Sunday 6:00 pm Mass – We will again offer Sunday Mass at 6:00 pm. Monsignor Fell and I will divide the honors. If the turnout is big, we might keep it going after Lent. It will be a “no-frills” Mass, like a weekday Mass or the 8:00 am Sunday Mass.

Lenten Penance Service – Mark your calendars! Our parish's Lenten Penance service will be at 7:00 pm on Tuesday, March 29. Confession at least once a year is a very good thing for you.

Liturgical Ministries – Starting March 13, we will be recruiting liturgical ministers. The folks who got us through the pandemic have done a spectacular job and they now need help. To take the unsettling uncertainty out of signing up, each ministry will provide a brief job description, naming the 5 or 8 things you need to do when you get to church. You will see how easy it really is. We need them all – Eucharistic Ministers, Ushers, Lectors, and Sacristans. Unless we get hobbled by another strain of Covid, these ministries should become even easier right after Easter.

Your Liturgy Preferences – Many of you have spoken up in favor of “bring your own missalette.” Given your strong interest, we are currently investigating if any of the three leading contenders offer a discount for bulk orders. We are also trying to provide samples for you to peruse. The three leading contenders are “Magnificat,” “Word Among Us,” and “Give Us This Day.” All three are good. Stay tuned.

This Week in Service

Poor Box – Great thanks for helping Saint Vincent de Paul Food Pantry in Perth Amboy in the past few weeks. Your gifts totaled \$877.00. That is a huge help for a very worthy cause.

Respect Life in New Ways – Our Respect Life ministry invites you to help them help The Pregnancy Aid Center which, in turn, helps women in crisis pregnancies. We need people to unpack and organize the donations for these women and their children. Remember, whatever makes it easier to have the baby makes it harder to abort that baby. Pregnancy Aid makes it easier. Interested? Email Marianne Gennaro at mgenn.3@gmail.com or Jeanine Cavanagh jcavanagh@sjmillstone.com.

This Week in Community

Parish Cleanup Day – Mark Your Calendars – Please mark your calendars for Saturday, April 23, with Saturday, April 30 for a rain date, for our annual parish cleanup. There is a job for everyone. And a donut!

Youth Group - There are ONLY 8 spots left for the CHWC trip to Nashville this summer. Register today! Check out this 12-minute testimonial video from some of our past campers.

Send Us Your Baby News – If, since the pandemic's start, you have been blessed with the arrival of a child, grandchild, or great-grandchild, please share the news. Our first rounds of announcements will probably feature many babies. After that, we will share the news in smaller batches. And whenever we announce a birth, we will pray for that baby on Sunday. We all need good news. Share your baby news by clicking here.

With all best blessings – and with an extra prayer for your prayers for peace and for Lent.

Father Hank



**HEALING PRAYER
in PERSON in CHURCH**
Next Weekend, March 12 & 13
Immediately after the 4:45 PM, 9:30 AM
and 11:30 AM Masses

For more Information contact Ann Smith
at 908-285-6481

All conversations and prayer requests are confidential.

March 6, 2022

Week 5

2022 BISHOP'S ANNUAL APPEAL

Celebrating 40 Years—

Continuing to Fan the Flame of Faith into Service

The impact and success of the *Catholic Center at Rutgers* is relational outreach to students, a distinct approach for college campus ministry. The staff includes religious from the Sisters of Jesus Our Hope and the Brotherhood of Hope, as well as the Associate Director of Vocations for the Diocese of Metuchen and several interns. They are out on campus meeting and interacting with students where they live their lives and also reach them using the tools of technology. Thanks to your gift to the Bishop's Annual Appeal, the Catholic Center offers a safe haven where students are able to grow in their knowledge and practice of the faith, experience a meaningful sense of service to the community, and come to a deeper understanding of their call to discipleship. Thank you for your support.



SAGES ACTIVITIES

Winter Mondays –1:30-3:30 PM

March 7 – Movie and games.

March 21 – Line Dancing and Games.

Please register for any you wish to attend as seating is limited until April 15 when the tent is back up..

Chair Exercise – Thursdays, 10AM, Parish Hall

No registration required but new participants should bring their vaccine card.

General Information: To learn more about SAGES and all options for our over-55 parishioners, visit our website at SAGES Senior Ministry <http://sjmillstone.com/sages>

For more info contact

AnnaMaria at 908-874-2141 e3xt 240 or

arealbuto@stjosephsparish.com

POOR BOX DONATIONS

Contributions will fund the following:

March 6 & 13, 2022 **Becca's Friends**

During these weeks the Poor Box, through your generous donations will support **Becca's Friends**, established by our Parish. The Becca's Friends Ministry offers monthly social events for the adult special needs community of Saint Joseph's and surrounding Hillsborough area since the Spring of 2013.

NEW ADVENTURES

Learn more about the upcoming service-immersion trips for parish adults. Get all the details at an

Information Meeting

**Thursday, March 10 at 7:00 PM
in the Parish Hall.**

Trips scheduled include

April 22-24 (weekend), Saint Francis Inn, Philadelphia (Soup Kitchen and Outreach)

June 11-18 (weeklong), Wayne County Workcamp, West Virginia (Home building)

September 16-18 (weekend), Saint Francis Inn, Philadelphia (Soup Kitchen and Outreach)

December 14-18 (part of a week), Dunlow, West Virginia (distributing parish Christmas gifts)

Jeanine Cavanagh, Director of Social Ministries

jcavanagh@sjmillstone.com

FOOD BANK MINISTRY

Are you interested in helping out at this new ministry?

Email Terry Lee terrytulee25@gmail.com for more information.

IN GOD'S IMAGE

In God's Image, the Catholic Faith Sharing Group for gay, lesbian, bisexual and transgender people at Church of the Sacred Heart, South Plainfield, meets the 2nd Wednesday of every month at 7:00PM. Our next meeting is March 9 and will be both in person and online. Please email for more information. The group is open to LGBTQ adults, 18 and over, and their families. All are welcome for faith sharing, prayer, conversation and support. For more information, contact Fr John at 908 756 0633, ext 125 or the group may be reached by contacting 908 822 5895 or by [email-ingsacredheartigi@gmail.com](mailto:ingsacredheartigi@gmail.com)

SURVIVING DIVORCE

Surviving Divorce – For men and women seeking healing from separation or divorce. This 8-week program, while based on the teachings of the Catholic Church, is open to anyone who needs comfort, counsel and clarity after a divorce.

Meetings will be held on Wednesdays 7– 8:30 p.m. beginning March 16, 2022

at St. Francis Cathedral Parish Center, Metuchen, NJ.

For more information or to register contact Ro Bersch at 908-313-5947. **Registration deadline is March 7, 2022.**

BULLETIN DEADLINE

Please send info for the bulletin no later than Friday, 8 days prior to the weekend you want the article to appear, directly to stjoebulletin@yahoo.com.

Questions? Contact Dorothy at

stjoebulletin@yahoo.com. Thank You.

March 6, 2022

MOUNT ST. MARY PROGRAM OFFERINGS

Information and Registration for all Mount Saint Mary House of Prayer offerings can be found on their website: www.msmhope.org. More info at 908-753-2091 or msmhope@msmhope.org

MINDFUL MOVEMENT AND MEDITATION ZOOM ONLY

Mindful movement (similar to yoga and qigong), deep-breathing exercises and meditation bring the body, mind, and spirit together. Mindful movement improves our overall health and wellness by increasing our flexibility, toning our muscles, relaxing our mind, and nourishing our spirituality. Come practice some breathing techniques, movement, and meditation to bring prayerful intention and a healthy balance to your life.

Thursdays, March 10, 17, 24, 31 from 7-8pm
\$20/session or \$70/series

RICHARD ROHR VIDEO CLUB

Richard Rohr, OFM, is one of the great spiritual masters of our time. His many spiritual books have touched millions of God-seekers. Join this monthly video club which is a collaborative endeavor with Holy Trinity Parish, Westfield, and share your insights and prayerful responses to Rohr's works.

Friday, March 11th from 10-11:30am at the House of Prayer and Zoom. \$20-\$30 as you are able



GENTLY USED COLLECTION CLOTHING- WORKING BICYCLES STROLLERS-CAR SEATS (with base) HOUSEHOLD ITEMS-TOYS

The Hillsborough High School Band/Guard will be holding their **FIFTH** gently used collection for this school year for clothing, working bikes and scooters, strollers, car seats (with base), household items, toys, stuffed animals. The collection will be on

Saturday, March 19, 2022 from 10AM- 12 Noon
at the Hillsborough High School main entrance,
466 Raider Blvd, Hillsborough, NJ.

Proceeds will be used to enhance all aspects of the Band/Guard programs and will provide members with opportunities to learn musicianship, teamwork, and leadership. Donations may be tax deductible and a donation receipt will be available upon request. Thank you in advance for your generosity. Questions: please contact Paula Obenauer, (908) 230-2398, pcobenauer@gmail.com.



LENTEN OBLIGATIONS

So that the Church of Metuchen may be spiritually one in a common observance of Lent, the following days of fast and abstinence are to be observed by all Catholics of the Diocese who enjoy the blessings of good health:

1. The days of fast and abstinence are Ash Wednesday and Good Friday.
2. All other Fridays of Lent are days of abstinence.
3. From the Evening Mass of the Lord's Supper on Holy Thursday until the celebration of the Easter Vigil on the evening of Holy Saturday, the Easter fast should be observed so that, with uplifted and welcoming hearts, we may be ready to celebrate the joys of the Resurrection. This ancient tradition, intimately connected with the Rites of Holy Week and the Order of Christian Initiation of Adults, is encouraged, especially in those places baptizing catechumens at the Easter Vigil.

The obligation to fast applies only to Catholics between the ages of 18 and 59. To fast in the Catholic tradition means to limit oneself to one full meal during the day so as to experience hunger.

The obligation of abstinence affects all Catholics who have reached the age of 14. Abstinence in the Catholic tradition means to abstain from meat. The obligation of fast and abstinence, as a whole, is a serious obligation. While failure to observe any penitential day in itself may not be considered serious, the failure to observe any penitential days at all, or a substantial number of them without good cause, would be considered a grave matter. Those unable to abstain for a valid reason on any given Friday of Lent are asked to perform some other penitential act, or to abstain on another day.

Sunday, Mar 06, 2022

FIRST SUNDAY OF LENT; RITE OF ELECTION

Dig a little deeper this Lent

If practicing our religion is easy, we're not practicing our religion. This is one valuable lesson we glean from the time Jesus spends in the desert. Challenges to spiritual discipline are many: the desire for creature comforts, the hunger to be admired, the quest for control. Engaging this 40-day exercise each year strengthens the will and purifies the heart. It enables us to prepare for the real temptations that life offers. Is my prayer vital? Have I grown self-indulgent? Is my hand open to others? Our Lenten practice should be a response to those probing questions.

TODAY'S READINGS: Deuteronomy 26:4-10; Romans 10:8-13; Luke 4:1-13 (24). *"[Jesus] was led by the Spirit into the desert for forty days, to be tempted by the devil."*

Monday, Mar 07, 2022

MEMORIAL OF PERPETUA AND FELICITY, MARTYRS

My peace I leave you

Saints Perpetua and Felicity shared an intense intimate bond. These two North African women were young new mothers imprisoned together by the Roman Empire for being Christians. Perpetua was a noblewoman and Felicity was her enslaved servant—but their unequal relationship was upended by their new faith, in which Saint Paul said there is "neither slave nor free." The two held each other in the moments before their grisly public executions in an amphitheater and gave each other the kiss of peace before dying. In the face of any horror—from slavery to persecution to execution, all of which still exist in our modern times—love has power over hate.

TODAY'S READINGS: Leviticus 19:1-2, 11-18; Matthew 25:31-46 (224). *"When did we see you ill or in prison, and visit you?"*

Tuesday, Mar 08, 2022

MEMORIAL OF JOHN OF GOD, RELIGIOUS

Give your life in noble pursuit

The Order of Brothers Hospitallers honors the work of Saint John of God, who was born and died on this day. John's tumultuous path—as orphan, then soldier, then suffering from mental illness—eventually led to a humble spiritual life of tending the sick and dying poor. John died as he lived, in noble pursuit: He succumbed to pneumonia after rescuing a drowning man. Founded on the *Rule of Saint Augustine*, the order consoles the world's sick and poor but also, officially, oversees medical care of the pope. Pray Augustine's "Watch, O Lord" prayer to remember the sick and dying today—and all who comfort them.

TODAY'S READINGS: Isaiah 55:10-11; Matthew 6:7-15 (225). *"So shall my word be that goes forth from my mouth; it shall not return to me void, but shall do my will."*

Wednesday, Mar 09, 2022

MEMORIAL OF FRANCES OF ROME, RELIGIOUS

Let your legacy be one for the ages

On this second day of National Catholic Sisters Week, we celebrate the feast of Saint Frances of Rome. Her renown as a servant of the poor was so great that centuries after her death, she became an inspiration for the first community of black nuns in America: Baltimore's Oblate Sisters of Providence, founded in 1829 by Servant of God Mary Lange (one of the church's six venerated African Americans). Dedicated to teaching black

children during slavery, the Oblates named their flagship school in the Italian noblewoman's honor, and St. Frances Academy is today the oldest continually operating black Catholic school in the nation. Like those holy sisters, let's model the charism of Saint Frances this day and always.

TODAY'S READINGS: Jonah 3:1-10; Luke 11:29-32 (226). *"My sacrifice, O God, is a contrite spirit; a heart contrite and humbled, O God, you will not spurn."*

Thursday, Mar 10, 2022

LENTEN WEEKDAY

Let faith lead you to freedom

Today is the death date of abolitionist Harriet Tubman (1820-1913), whose life embodied Christian liberation. A deeply religious woman, Tubman risked her life repeatedly to lead enslaved men and women to freedom, relying on a deep bond with God for strength during these dangerous missions. Today, many people suffer injustice and lack of freedom. Whether it be a phone call to a legislator or an act of solidarity with an exploited group, take one step today that honors the tradition of Harriet Tubman.

TODAY'S READINGS: Esther C:12, 14-16, 23-25; Matthew 7:7-12 (227). *"For everyone who asks, receives; and the one who seeks, finds; and to the one who knocks, the door will be opened."*

Friday, Mar 11, 2022

LENTEN WEEKDAY; DAY OF ABSTINENCE

Second chances are a first principle

The good news of God's forgiveness is the most confounding of Christian teachings. For those who rarely turn away from God in sin, it seems unjust that God's mercy is indiscriminate, and for those who have turned away time and again and finally come to terms with their sinfulness, it seems impossible that God's mercy is at hand. As Benedictine Sister Joan Chittister, O.S.B. says, "Perhaps forgiveness is the last thing mentioned in the Creed because it is the last thing learned in life." Lent is our annual crash course in the practice of forgiving—ourselves and others.

TODAY'S READINGS: Ezekiel 18:21-28; Matthew 5:20-26 (228). *"If the wicked man turns away from all the sins he committed, . . . none of the crimes he committed shall be remembered against him."*

Saturday, Mar 12, 2022

LENTEN WEEKDAY

To those to whom much is given . . .

Jewish diarist Anne Frank, whose death is observed today, once wrote: "Why can't people who have more than they need for themselves give that surplus to their fellow citizens?" In most societies, alas, gaining wealth seems more the point than giving it away. But during Lent, Catholics customarily practice almsgiving, the tradition of sharing our wealth with those in need. Remembering that "charity covers a multitude of sins" (1 Pet. 4:8), what better time than Lent to send some of our money to our diocesan Catholic Charities or Catholic Relief Services?

TODAY'S READINGS: Deuteronomy 26:16-19; Matthew 5:43-48 (229). *"Blessed are they who follow the law of the Lord!"*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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